

Pulmonary Rehab Program with Dr. Steven Powell

★★★★★ 5-Star Medicare Rated



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Our Pulmonary Program is an interdisciplinary approach for the education, treatment and monitoring of residents with pulmonary disease.

Residents who have one of the following diagnosis would most benefit from this comprehensive program:

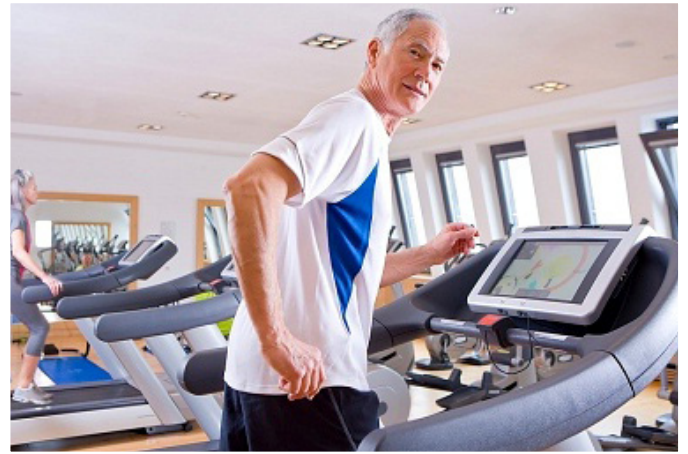
- Chronic Obstructive Pulmonary Disease
- Pulmonary Hypertension
- Heart Failure
- Pneumonia
- Asthma
- Cystic Fibrosis
- Neurological disease affecting respiratory system

Clinical Program

- Develop an interdisciplinary treatment plan based on the individual needs of the resident
- Define resident's baseline pulmonary and functional status through a comprehensive assessment by all team members
- Provide education to the resident and family members on pulmonary disease
- Develop an interdisciplinary discharge plan based on individual needs

Comprehensive Rehabilitation Assessment

- Physical Therapy, Occupational Therapy and Speech-Language Pathology
- Medication review and effects of medication on activity and physiological response
 - Assess functional mobility and ADL status
 - Assess physiological response to activity and function
 - Objective Testing may include the Six Minute Walk Test, 30 Second Sit to Stand, BORG PRE, COPD Quality of Life Assessment and other tests as indicated



Treatment focus for Rehabilitation

- Exercise prescription and monitoring to facilitate pulmonary function
- Self-monitoring techniques during functional ADLs and mobility
- Activities of Daily Living training
- Home management training and skills
- Supplemental oxygen management and ADLs, mobility and home management

Goals and Outcomes of Rehabilitation Program

- Increase the resident's ability to perform self-care, mobility and home management tasks with self-pacing techniques
- Educate resident on the pulmonary condition, functional ability and lifestyle changes to improve quality of life

Discharge Planning and Considerations

- Medication management and focus on patient safety in performance of ADLs
- Home safety check and support systems
- Resident and caregiver education



Norwichtown Rehabilitation & Care Center proudly partners with Preferred Therapy Solutions, a premier rehabilitation company committed to excellence. Our success is achieved through a dynamic and proactive approach to meeting the individualized needs of each resident, customer, and staff member.